



Advanced Pulmonary & Sleep Diagnostics

# Respiratory Function Testing

Respiratory function tests are important in the diagnosis and monitoring of many common respiratory disorders.

Common conditions for which they are useful include asthma, emphysema, pulmonary fibrosis and pulmonary vascular disease.

## How Do I Book a Respiratory Function Test?

To book a Respiratory Function Test you must first fax to us the referral you obtained from your doctor. Patients will then be contacted with 24 hours of sending the fax to book an appointment.

## When Should I Have a Respiratory Function Test?

Your doctor may refer you for a Respiratory Function Test if you experience one or more of the following:

- ⇒ Breathlessness/ Dyspnoea
- ⇒ Wheezing
- ⇒ Coughing and Sputum Production
- ⇒ History of Smoking
- ⇒ Asthma or COPD
- ⇒ Interstitial Lung Diseases
- ⇒ Pulmonary Vascular Disease
- ⇒ Occupational Lung Disease



## What is involved in a Respiratory Function Test?

A Respiratory Function Test sees patients sitting, unaided, within a specially designed booth. Once inside, patients will be specifically instructed by one of our team members on the performance of breathing manoeuvres. These manoeuvres will take 20 to 40 minutes to perform and will require maximum effort from patients.

## What If I'm On Medication?

The only medications we ask patients to withhold prior to testing are:

- ⇒ **Short Acting Bronchodilators**, such as Ventolin, Atrovent, or Asmol, **4 hours** before the test
- ⇒ **Long Acting Bronchodilators**, such as Serevent, Oxis, Seretide, or Symbicort, **12 hours** before the test.

## About Advanced Pulmonary and Sleep Diagnostics

Advanced Respiratory and Sleep Diagnostics is a recently established service which has recognised the need for better health provision in Sleep and Respiratory medicine. We offer a complete service which includes Respiratory Function Testing and Sleep Studies.